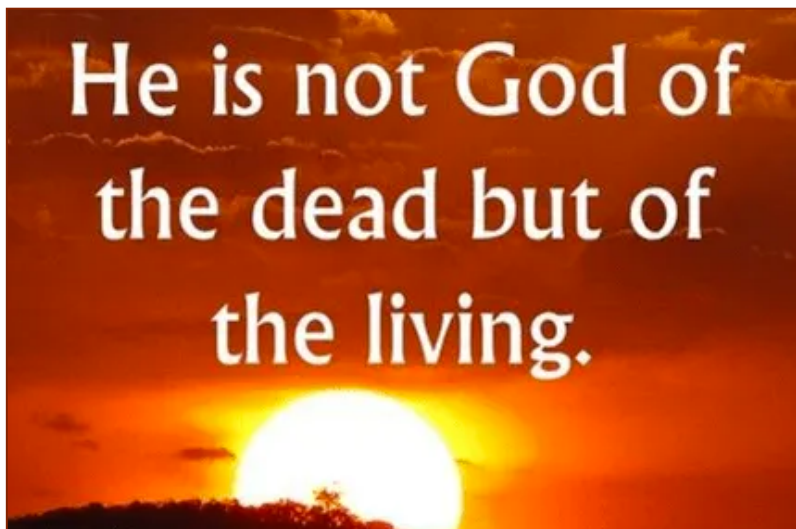


BETHEL NOTES



INTRODUCTION

I We worship on the first day of the week because our Savior was raised on that day. Every Sunday is a little Easter. This Sunday feels more like Easter than many as the Gospel lesson celebrates the reality of the resurrection. Live it up this Lord's day. Our God is the God of the living. know the power of his resurrection.

SERVING THIS SUNDAY

ACCOMPANIST - MARY SEIM

LAY ASSISTANT - CARL DUNN

USHER - PATTY BRAGET

PROJECTIONIST - DINA DAVIS

TECH - GREG GROSENICK

COUNTERS - PATTY BRAGET AND
GREG GROSENICK

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Sunday, October 18th

Readings for 20th Sunday after Pentecost

EXODUS 3:1-15

PSALM 96:1-13

MATTHEW 22:23-33

OFFICE HOURS:

MONDAY THROUGH THURSDAY 9:00 AM TO 2:30 PM CLOSED FRIDAY

OFFICE TELEPHONE: (406) 761-1543 WEBSITE: WWW.BETHELMT.ORG EMAIL: BETHELGF.CHURCH@GMAIL.COM



- ♦ Prayers for **Faith Crouch** (granddaughter of Bernice Johnson) as she continues to recover and improve at home after a double lung transplant.
- ♦ Prayers of healing **Ed Pottratz** as he continues cancer treatment.
- ♦ Prayers of healing for **Lee Klette**, son of Russ & Cheryl.
- ♦ Continued prayers for **Angela Mart** (daughter-in-law of Jane Mart) as she finished treatment for breast cancer and continues to heal.
- ♦ Prayers for God's continued healing for **Linda Juvik** (sister of Sandy Bechard) as she has completed her treatments for cancer and continues to heal.
- ♦ Prayers for healing and strength for **Katie Madsen**, niece of Doug Sexe and granddaughter of Arlene Sexe as she is undergoing treatment for breast cancer.
- ♦ Prayers of healing and support for **Jeremy Hawks** as he prepares for surgery.
- ♦ Prayers for safety and support for **Eric Poser**, Connie Titcomb's nephew as he is deployed overseas.
- ♦ Prayers of healing, strength and support for **Rita Johnson (LaRae Veitch's sister)** as she continues treatment for pancreatic cancer.
- ♦ Prayers for healing for **Steve Young** (brother of Sue Hesse) as he recovers from back surgery.
- ♦ Prayers of healing for **Rob Brattain** (son of Patsy Berkley) as he recovers.
- ♦ Prayers of support and healing for **Trina Wagner** (Dena Wagner-Fossen's sister) as she recovers from surgery.
- ♦ Prayers of health and healing **Kathy Meier** (friend of Dena Wagner-Fossen) as she resolves knee pain.
- ♦ Prayers of healing and strength for **Shelly Murphy** as she continues treatment for cancer and osteoarthritis.
- ♦ Prayers of support and strength to **Jack Castner, their sons and family** as they mourn the death of Pam.
- ♦ Prayers of sympathy and support for the **friends and family of Carol Erickson** who passed away.
- ♦ Prayers of healing and strength for **Mick Davis' sister** who is in the hospital.
- ♦ Prayers of thanksgiving for the birth and baptism of **Theodora Cristina Beals**, daughter of Rhiannon and Kurt and granddaughter Jessica Crist and Turner Graybill.
- ♦ Prayers of comfort and support for **Thelma Seyfert, her family and friends** as they mourn the death of Don Seyfert.
- ♦ Prayers of healing for **Jodi, sister of Patti Godel**, as she recovers from a stroke as well as **Patti's Aunt Allison** who suffered a heart attack and is recovering in the hospital.
- ♦ Prayers of healing and support to **Mary Pearl Lode** (family member of Holly Lode Bernice Johnson's daughter) who is hospitalized with Covid 19.

CALL COMMITTEE WANT TO KNOW WHAT YOU THINK

As the call committee works through the process of calling a new pastor to Bethel, they would like your input and thoughts on the following questions:

- In your opinion, what brings people to our church and keeps them coming back?
- What is your biggest ministry need that Bethel isn't addressing?
- What is one area of strength that you would like to see in our new pastor?
- What is it that you would want the Pastoral Search Committee to know?

You can write these out and mail them to:

Bethel Lutheran Church
Attn: Call Committee
1009 18th Ave SW
Great Falls MT 59404

or email them to one of the call committee members:

Co-Chair- Jim Carlson Cell: 868-9045 Email: jim.c.carlson@gmail.com

Co-Chair- Tim Lightbourne Cell: 781-4604 Email:

tlightbourne@cogswellinsurance.com

Member- Patty Braget Cell: 868-7641 Email: pdbraget@hotmail.com

Member- Earl Terwilliger Cell: 217-5477 Email: eterwilliger1@bresnan.net

Member- Lynn Ryan Cell: 249-3250 Email: lynn_ryan@gfps.k12.mt.us Alternate:
Lynnrryan@gmail.com



For those who are looking for an email address for Jack Castner to show support on his loss of Pam. His mailing address is :

Jack Castner
88 40 East Sunland Ave #161
Mesa AZ 85208

TOWN PUMP CHALLENGE

Town Pump Charitable Foundation has invited **FISH** to be part of the 19th annual "Be a Friend in Deed, Helping Those in Need" food bank campaign.

Town Pump will match each dollar collected by **FISH** up to \$20,000 from September 1 through

November 30.
What a great way to double your donation!



How to Overcome Negativity with Emotional Intelligence

by Rebekah Simon-Peter | Oct 5, 2020 |

People are on edge with each other, hypervigilant, buffeted in a sea of negativity. Clergy colleagues report that otherwise stable church folks are having meltdowns and launching into attack mode. My husband, a cordial golfer, returned from the links last night telling me that a fellow golfer threatened to beat him up for a mild offense. Even a recent Master Gardener meeting I attended, made up of low key vegetable gardeners, turned into a verbal slugfest.

What's up? And what can faith leaders do about it?

Toxic Stew

Americans are caught up in a toxic stew of relentlessly polarizing politics, the uncertainty of the future, an ongoing pandemic with all its economic fallout, and the raw exposure of systemic racism. All of this has been further complicated by the recent un-presidential debate. Negativity has saturated our common airwaves. No one is exempt from its ill effects.

Faith leaders, while you are not exempt, you can overcome negativity with emotional intelligence.

Practice Emotional Intelligence

Emotional intelligence includes five abilities. I'll address them and simple ways you can incorporate them into your day-to-day dealings with others:

1. **Self-regulation.** Don't go to every fight you are invited to. When you feel your hackles rise, or the perfect retort forming on your tongue, take a moment to breathe first.

Instead of cutting someone else off, a good way to defuse the moment is to say, "Tell me more."

Listening can help another person re-regulate. Chances are they just need to blow off steam, too.

2. **Empathy.** I once read this wisdom on a

tea bag: "Be kind. Everyone you meet is fighting a hard battle." Even as the rain falls on the just and the unjust, the negativity in our common airwaves affects people indiscriminately. That makes empathy more important than ever. As a faith leader, you can both model empathy with the people in your circles and ask them to practice empathy with others.



3. **Self-awareness.** Be aware of your own tendencies, tiredness, and need for time-away. Staying tuned in to these three T's will give you greater ability to both self-regulate and to practice empathy.
4. **Motivation.** When interviewed, people all along the theological and political spectrum want similar things: safety, love, and an ability to live life according to their most prized values. We hold these motivations in common. What differs is the method by which we believe we will achieve them. Understanding the deep motivations of people allows faith leaders to practice empathy, and to self-regulate in the midst of chaos.
5. **Social skill.** The most important skill, and indeed the responsibility, that you have as a faith leader is to practice social skills. The social skill has little to do with making small talk, and more to do with the ability to move people in the same direction. Another word for social skill is leadership. Leadership that unifies people is a rare commodity these days. Given the divided nature of our common life, chances are you won't unite people around theology, or politics. Instead tap into our common treasury of values: the words of the Gospel, the love of God, and the Kingdom of heaven. Quietly, persistently, and lovingly, bring people back to the overarching vision that Jesus laid out for us: Thy kingdom come, thy will be done, on earth as it is heaven.

You are Not Alone

Lastly, I want to remind you that you are not alone. Isolation is the enemy of love so don't try to go it alone. Personally, my mission is to empower church leaders and the congregations they serve. I invite you to tap into the resources my team and I offer by watching Spiritual Mojo, joining us for How to Create a Culture of Renewal, or attending the next Uncomfortable Conversation series. In the meantime, breathe deep, and stay connected to the Source that supports us all!

Taken from the Montana Synod weekly newsletter.





WEBINAR

REVEALING RELATIONSHIPS:
RACISM AND DISASTER PREPAREDNESS

SATURDAY OCTOBER 17, 2020

REGISTRATION IS NOW OPEN!

- **WHEN:** Saturday, October 17, 2020, 10:00-11:30 a.m. PDT (9:00 a.m. ADT and 11:00 a.m. MDT)
- **PANEL:** [Alaide Vilches Ibarra](#), Executive Director, [Interfaith Movement for Immigrant Justice, Oregon](#)
[LaVeta Gilmore Jones](#), Co-Executive Director and Community Organizer for [Leaven Community/Salt & Light Lutheran](#)
[Sr. Kelly Tazuko Marciales](#), Director [ELCA Organizing for Mission Network](#)
[Rev. Dave Brauer-Rieke](#), [ELCA Region 1 Disaster Preparedness and Response](#) – Webinar Moderator

THANK YOU

To our Bethel Family,

Thank you so very much for all your heart felt words, prayers and expressions of love and support.

Many of you have shared your memories of my dad with us and we have loved hearing the ways he touched your lives like he did ours.

It is so very hard to say goodbye to those we love and who have been our center, our rock for all of these years.

We thank the Lord that he brought us to Bethel as all of your love has helped so much and will continue to do so, during this very difficult time.

Blessings to you all,
Thelma Seyfert, Tami Grosenick and the family of Don Seyfert.



BBBB (Bread-Beverages-Bible-Boats) Retreat

November 6-8, 2020

\$180/person

(Saturday only: \$100/person) || Ages 21+

Join in fellowship on the lake as we learn new bread baking recipes & techniques, enjoy fishing from the dock or one of our boats and try your hand at home brewing!

Crazy About Quilting & Crafting Retreat

November 12-15, 2020

\$210/person (Thurs-Sun) // \$195 (Fri-Sun) // \$65/day (Commuter)

Bring your quilt and craft projects and work alongside friends old and new on the shores of Flathead Lake. FLBC will also be providing opportunities to learn new skills!

Family Advent Retreat

December 4-6, 2020

\$140, Ages 13+ / \$120, Ages 7-12 / \$75, Ages 2-6 / Free Children under 2 / \$480 maximum cost per nuclear family

Join us for time at camp as we prepare for Christmas! Make awesome crafts, cut your own Christmas tree, and soak in time for worship and prayer this Advent



MINISTRIES MEETING VIA ZOOM

MEN'S BREAKFAST

Join us for fun and engaging conversation, and insightful discussion of this week's Lectionary texts as we meet through a social distancing approved Zoom video call each Tuesday morning from 7:00 – 8:00 am. Breakfast recipes and ideas will be provided. If you are interested in more information or would like to be added to the call invitation list, click on the email link below and type "breakfast" into the subject line (and then of course press send).

dscholten@dlsconsulting.net



Weekly Text Bible Study

Pastor Trina will be offering a weekly Bible Study on Wednesdays at 10:00 am and Thursdays at 7:00 pm (except the Thursday when Hope Circle meets). Studying the lessons for the upcoming Sunday together. Each week stands alone, you can join anytime! No experience necessary! For the time being, we will meet via Zoom. Please email or call the office if you'd like to receive the Zoom link.

No Bible Study the week of October 25th

Electric City Bible Study

What a great way to connect with one another! Join the Electric City Bible Study on a Zoom conference Tuesday mornings at 7:00 am. If you are interested in joining email Laurie Turner at loli51gus@icloud.com and give her an email or cell number and she will send you a link to the meeting.



BEGINNING MONDAY, OCTOBER 26TH
BETHEL'S NEW OFFICE HOURS WILL BE
MONDAY THROUGH THURSDAY
9:00 AM TO 4:30 PM
CLOSED FRIDAY

Bethel Lutheran Church Church Council Reopening Guidelines

*We will still be offering a live stream of the service
for those who wish to worship from home.*

Guidelines:

- Front doors will be propped open and the only entrance into the Church. The west side entrance through the TLC Daycare will remain locked.
- Masks will be **required** and we have some available.
- A table is at the front doors with hand sanitizer, masks, tissues and an offering plate. Ushers will be there to assist with masks and help people find seats.
- Physical distancing of 4 feet will be observed.
- Windows and doors will be opened to increase air circulation.
- Signs on the restroom doors should be used to indicate if you are in the bathroom in an effort to keep physical distance.
- The kitchen, Fellowship Hall and back office hall doors will be closed.
- Hospitality area will be closed.
- We will pass the peace in a no-contact fashion.
- Sanctuary will be cleaned with disinfect cleaner after each Sunday worship service

Please consider the following before you return to worship:

- Have you traveled outside the U.S. in the past 30 days?
- Have you been in close contact with anyone who has traveled outside the U.S. in the past 30 days?
- Have you been in close contact with anyone with flu-like symptoms in the past 30 days?
- Have you had any of these symptoms:
 - Fever over 100.4
 - Persistent cough
 - Shortness of breath
 - Sudden loss of taste or smell

If you answered YES to any of these questions, please do not enter and contact your health care provider.

Interim Pastor Trina Johnsten Contact information:

Email: bethelgf.pastor@gmail.com

Bethel number non-emergencies: 406-761-1543 ext 202

Cell number for emergencies: (402) 984-4306

Calendar Of Events

Monday 10/19

- Boy Scouts meet 6:00 pm in the Fellowship Hall.

Tuesday 10/20

- Electric City Bible Study, Zoom meeting 7:00 am
- Men's Breakfast, via Zoom 7:00 am

Wednesday 10/21

- Bible Study with Pastor Trina Zoom meeting at 10:00 am
- Confirmation meeting on Zoom 6:30 to 7:30 pm
- High School Logos meet in the Fellowship Hall 6:30 to 8:00 pm

Thursday 10/22

- Bible Study with Pastor Trina Zoom meeting at 7:00 pm

Friday 10/23

- Bethel Office Closed

Saturday 10/24

- Pastor Trina off until Friday, October 30th
(Confirmation Zoom meeting will still happen on October 28th)

Upcoming Events

Sunday 10/25

- Reformation Sunday - Wear Red! Pastor Steve Nelson will be preaching and presiding at our Lord's table.

Monday 10/26

- Boy Scouts meet 6:00 pm in the Fellowship Hall.

Tuesday 10/27

- Electric City Bible Study, Zoom meeting 7:00 am
- Men's Breakfast, via Zoom 7:00 am

Wednesday 10/28

- Confirmation meeting on Zoom 6:30 to 7:30 pm
- High School Logos meets in the Fellowship Hall 6:30 to 8:00 pm

Friday 10/30

- Bethel Office Closed