

# BETHEL NOTES

## *In This Issue:*

Page 2

- Prayer Requests
- Daylight Savings This Sunday

Page 3

- Checking In
- Childcare during Worship

Page 4

- Holden Evening Live Stream Thursdays
- Soup Recipe

Page 5

- Soup Recipe
- FLBC for Adults

Page 6

- Council Highlights to
- County Volunteers Needed

Page 7

- Just for YOUth
- How To Pray

Page 8

- Online Ministries
- Calendar of Events
- Contact info from Pastor Trina



*Sunday, March 14th*

**Fourth Sunday of Lent**

NUMBERS 21:4-9

PSALM 107:1-3, 17-22

EPHESIANS 2:1-10

JOHN 3:14-21

The fourth of the Old Testament promises providing a baptismal lens this Lent is the promise God makes to Moses: those who look on the bronze serpent will live. In today's gospel Jesus says he will be lifted up on the cross like the serpent, so that those who look to him in faith will live. When we receive the sign of the cross in baptism, that cross becomes the sign we can look to in faith for healing, for restored relationship to God, for hope when we are dying.

## **SERVING THIS SERVICE**

**Accompanist**  
**Lead Vocals**  
**Lay Assistant**  
**Usher**  
**Tech**  
**Counters**

Mary Seim piano; Pastor Steve Nelson, guitar  
Patrick and Lynn Ryan  
Sue Hesse  
Donna Vinnedge  
Adam Elkin  
Patty Braget and Kaleb Stringer

**Join us Sunday at**  
**9:30 in-person or**  
**online [bethelmt.org](http://bethelmt.org)**

## **OFFICE HOURS:**

MONDAY - THURSDAY 9:00 AM TO 4:30 PM CLOSED FRIDAY

OFFICE: (406) 761-1543

WEBSITE: [WWW.BETHELMT.ORG](http://WWW.BETHELMT.ORG)

EMAIL: [BETHELGF.CHURCH@GMAIL.COM](mailto:BETHELGF.CHURCH@GMAIL.COM)

# Checking In With Our Congregation

- ✦ Prayers for **Faith Crouch** (*granddaughter of Bernice Johnson*) who is home and doing well.
- ✦ Prayers of thanks for **Ed Pottratz** as he responds well to cancer treatment.
- ✦ Prayers of healing for **Lee Klette**, son of *Russ & Cheryl*.
- ✦ Prayers for healing and strength for **Katie Madsen**, *niece of Doug Sexe and granddaughter of Arlene Sexe* as she continues treatment for breast cancer and is responding well.
- ✦ Prayers for healing for **Steve Young** (*brother of Sue Hesse*) as he continues with back issues.
- ✦ Prayers of support and healing **James Trunkle**, *friend of Dena Wagner-Fossen*, as he continues to manage health issues. .
- ✦ Prayers of healing for **Pam Hanson Alfred** *friend of Kris Voorhees* as she continues treatment for cancer.
- ✦ Prayers of healing and support for **Bob Vander Aarde** as he undergoes cancer treatment.
- ✦ Prayers of continued healing for **Marsha Johnson**, *employee and friend of Beth Olson* as she is doing much better and is anxious to come back to work.
- ✦ Prayers of support and healing for **Trudy and Earl Terwilliger** as they are managing with progression and changing of Trudy's cognitive health.
- ✦ Prayers of healing for **Arlene Sexe** as she continues to recover from surgery.
- ✦ Prayers of comfort for **AnneRose Rogers and her family** as they mourn the death of her uncle, Hugo Schewe, after a painful illness.
- ✦ Prayers of healing and support for **Sharon Bossie** as she undergoes medical care.
- ✦ Prayers of healing for **LaRae Veitch** as she recovers from an ankle injury and is waiting to hear if surgery will be needed.
- ✦ Prayers of comfort and solace for **Mike and Joyce Harding, their family and friends** as the mourn the passing of Joyce's mother Betty Madison.
- ✦ Prayers of comfort for *John and Terry Korpela's* good friend **Will Weaver** who's wife Nancy just passed away.
- ✦ Prayers of comfort for the **family and friends of Pastor Bob Quam**, longtime pastor/director of Christikon, who died suddenly on Sunday.

## Spring forward

Don't forget to set  
clocks ahead  
one hour  
at 2 a.m.  
Sunday.



# CHECKING IN



## Leonard and Shelly Murphy

We are holding our own. Leonard is waiting to get in for surgery on both knees, though not at the same time. He is on medical leave from Home Depot for now.

I continue to work full-time at The Great Falls Clinic in coding. I have had a new drug added to my treatment and I have been on one-week off this week will start again Friday. I had some numbness around my lower lip and chin on left side ended up doing some radiation last month then developed some side effects from the radiation and am working to heal that.

As soon as I'm regulated on meds and don't have to worry about immune system I will be back in church. Carrie and I came to close knit as it is only a few of us there.

We are working around our other home and trying to finish projects, mostly out doors for now and some inside depending on weather.

Scott is doing well has sleep apnea and on a CPAP for that. His diabetes is well controlled he does take a long-acting dose every morning. He has had only to take insulin on rare occasions for the past year.

Carrie had knee meniscus surgery in January and needs total knee-replacements on knees in the future. She hasn't been able to see her mom but is able to talk every day to her.

Jen and Joe are doing well in Florida.

My sister Laura and her family are all well and busy and fine.

My sister Jude has had a reoccurrence of her cancer but just finished radiation and chemo and is healing very well.

## Childcare During Worship

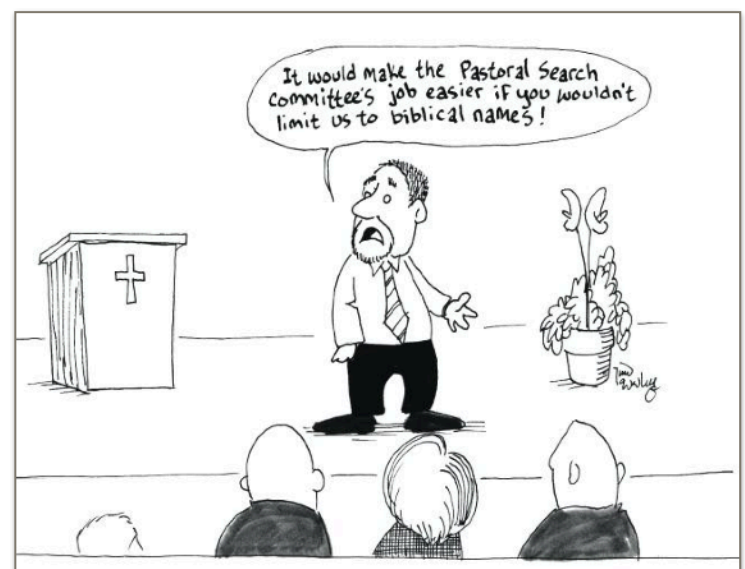
As life slowly gets back to "business as usual" and we are in-person gathering we would like to offer Childcare once again during worship.

To help with staffing as childcare is needed we would like to offer a solution until we are back to our regular schedule.

If you would like to attend in-person worship and would like to utilize childcare, please call or text Tami Grosenick by the Saturday before worship and we will have the childcare open for you.

**406-788-9587.**

Stay tuned for some changes coming this fall to our childcare and adding some worship lessons, games, and crafts to our childcare time.

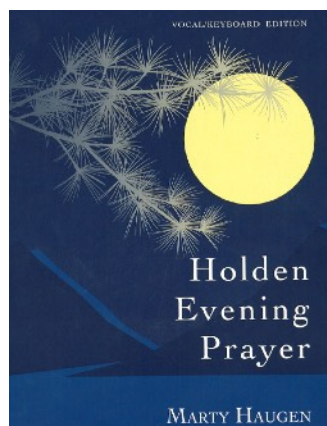


## MID - WEEK LENTEN SERVICE

### HOLDEN EVENING PRAYER LIVE STREAM

### THURSDAY EVENINGS 7:00 PM

Thursday evenings we continue to live stream the Holden Evening Prayer Service with Lenten reading by Pastor Trina Johnsten at 7:00 pm.



This week we have two recipes shared by Patty Braget (below) and Sonja Baumgardner (page 5).

Share your soup recipe by sending them to Tami in the office and we will include them in the Notes.

Leading the Holden Evening Prayer for Thursday, March 11th are Warren Johnson and Pastor Steve Nelson.

## Cantor Schedule

### March 11th

Warren Johnson and  
Pastor Steve Nelson

### March 18th

Patrick and Lynn Ryan

### March 25th

Colter McCarty and  
Morgan Dunn

## Pasta e Fagioli Soup

- 2 Tbl. Olive Oil
- 2 medium chopped onions
- 1 lb. hamburger or turkey burger
- 3 cloves minced garlic
- ½ tsp. Oregano and basil
- 1 cup julienne sliced carrots
- 1 cup canned tomatoes, drained
- 3 cans (13 oz) chicken broth
- 1 can (16oz) white cannellini beans or red kidney beans
- ½ lb. short tubular macaroni
- Salt and pepper to taste
- Garnish: parsley and fresh grated parmesan cheese

In large saucepan, heat oil and sauté onions and brown hamburger. Drain grease. Return to pan. Add garlic, oregano and basil and carrots; cook for 5 minutes. Add canned tomatoes and simmer 3-4 minutes. Add broth and beans and bring to boil, mashing some of the beans against the side of the pot with a wooden spoon. Reduce heat and simmer 10 minutes.

Add macaroni, salt and pepper, cooking gently until macaroni is al dente. Cover, remove from heat and let sit 5-10 minutes. Garnish with parsley and grated cheese.

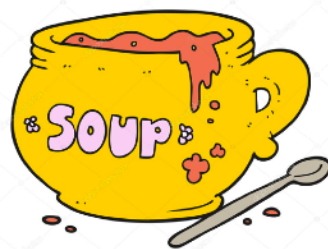


*Patty Braget*



## Corn Chowder

- 1/4 cup water
- 1/4 cup celery, sliced
- 1/2 tablespoon chives, chopped
- 1 can (10.75 oz) Condensed Cream of Chicken Soup
- 1 can (14.75 oz) Cream Style Corn
- 1 cup ham, dices
- 1 tablespoon parsley, chopped
- 3/4 cup milk (can use half and half for a little creamier soup)



In a covered saucepan, simmer water, celery and chives until celery is tender, about 7 minutes. Stir in soup, milk, corn, and ham. Heat uncovered stirring occasionally, for 10 minutes, top with parsely.

Makes 4 servings

*Sonja Baumgardner*

## ADULT CAMP OPPORTUNITIES AT FLATHEAD LUTHERAN BIBLE CAMP

### Adult Spirituality Retreat - "Shepherd Me, O God"

*April 18 - 20, 2021 (Sun - Tues)*

**\$165/person (\$125 for Monday only)**

Join Pastor Brenda Satrum at FLBC for time with your Shepherd, as we dwell with God in Word, prayer, silence, and song. (CEU Credits available) Register online or by contacting the FLBC office.

### Mother's Day Brunch

*Sunday, May 9th, 2021*

**Suggested donation: \$25/adult | \$18/ages 5-14 | Free/4 & under**

Celebrate Mother's Day on the lake! 3 settings are available: 9:30, 11:00, and 12:30.

### Memorial Day Family Retreat & Work Weekend

*May 28-31, 2021*

FREE! Registration still required :-)

Come have a fun weekend and help FLBC get ready for summer!

### Women's Retreat

*June 11 - 13, 2021*

**\$165/person (\$125 for Saturday only)**



## Council Meeting Highlights

### Bethel Lutheran Church Council met on Tuesday, March 9, 2021 by Zoom.

Here are some highlights from that meeting:

- Pastor Trina led devotions from Numbers 21:4-9
- The new data base Servant Keeper has been installed.

There will be a Member Portal to access and update their account information and check contributions with their own private password. Will also be able to access a password protected directory on the Bethel Website.

- Call Committee update: There are 2 candidates that will be interviewed this coming Sunday at 1:30 and 3:30.
- The annual audit of the financial records of the church has been done by accountant Lisa Blades, everything is in good order.
- Confirmation May 16, will decide later if this will be during a regular service or separately in the afternoon, depending on CCHD recommendations at the time.
- Holy week services: Palm Sunday, Maundy Thursday, Easter Vigil will be held in person and live streamed. Good Friday will be live streamed only Easter Sunday will be pre-recorded.

Next Council meeting will be moved to April 20th, executive meeting on the 15<sup>th</sup> due to Holy Week.

### COUNTY REQUESTING VOLUNTEERS TO HELP WITH COVID-19 VACCINATIONS

The county is looking for volunteers to help with clinical and non-clinical duties.

“A good pool of volunteers to draw from is vital in mitigating the ongoing public health incident of COVID-19,” according to a release from DES.

Shift times and lengths vary and anyone interested is asked to contact Justin Grohs of Great Falls Emergency Services at [jgrohs@gfes.net](mailto:jgrohs@gfes.net).



# A PATH FOR PRAYER

**SOME SIMPLE GUIDANCE WHEN YOU DON'T KNOW WHAT TO PRAY FOR.**

## 1. Become aware of God's presence.

Take several moments to breathe, relax, and invite God to be present with you. Focus on breathing resting in God's presence. Slowly take three seconds to breathe in through your nose, making sure to fill your belly with air . . . and then take three seconds to slowly breathe out through your mouth. Pause, then breathe in again. Repeat that a few times.

## 2. Review the day with gratitude.

Look back through your day as if you were watching scenes from a movie. What happened? What were you like? What were others doing around you? What are the good things that have happened today? What can you give thanks for?

## 3. Pay attention to your emotions.

Ask yourself about how you felt at different points during the day. What moments throughout your day have been difficult or tense? When did you feel happy, excited, or at peace?

## 4. Forgive, and ask for forgiveness.

Who are you angry or frustrated at? Are there things you can forgive and let go in order to have peace? What would you like to be forgiven for?

## 5. Look toward tomorrow.

How might tomorrow be different? What would you like to ask God to help with?

And all of God's prayerful children say...Amen.



Photo by David Beale on Unsplash

## Upcoming At FLBC

Visit <https://flbc.net/annual-programming/> to learn more about our year-round programming and to find additional COVID-19 related information.

Keep your eyes open for more information coming to you soon about FLBC's backpacking trip with Bishop Jungling, taking place August 22-26, 2021!

We hope to see you online at the free, online educational series on "Inspiring Generosity Today!" March 8th, March 15th, and March 22nd. [Click here to learn more](#)

### Spring Environmental Education Field Day

Saturday, April 10th, 2021 10am - 4pm  
\$25 / student / \$12/adult chaperone - includes lunch!

Join us for a day of fun and learning at FLBC! Learn more about the world around you and enjoy the fun activities camp offers at our Environmental Education Field Day. Visit <https://flbc.net/field-trip/> to learn more and register.

### Memorial Day Family Retreat & Work Weekend

May 28-31, 2021

FREE! Registration still required :-)  
Come have a fun weekend and help FLBC get ready for summer!

# VACATION BIBLE SCHOOL JULY 12TH TO 16TH

## MINISTRIES MEETING ONLINE

### ELECTRIC CITY BIBLE STUDY

What a great way to connect with one another! Join our bible study via Zoom Tuesday mornings at 7:00 am. Contact Laurie Turner at [lolli51gus@icloud.com](mailto:lolli51gus@icloud.com) for a link to join the meeting.

### MEN'S BREAKFAST

Join us for a fun and engaging conversation, and insightful discussion of this week's Lectionary texts as we meet via Zoom, Tuesday mornings at 7:00 am. Contact Dave Scholten at [dscholten@dlsconsulting.net](mailto:dscholten@dlsconsulting.net) for a link to join the meeting.

### WEEKLY TEXT BIBLE STUDY WITH PASTOR TRINA

This bible study is offered on Wednesdays at 10:00 am and Thursdays at 7:00 pm is on hold during Lent due to Holden Evening Service. This group studies the lessons for the upcoming Sunday together. Each week stands alone, you can join anytime! No experience necessary! Contact the Bethel office [bethegf.church@gmail.com](mailto:bethegf.church@gmail.com) for a link.

### HOPE CIRCLE

This group meets once a month usually on Thursday evenings. Bible study and fellowship are celebrated with this group of ladies. Contact Laurie Turner at [lolli51gus@icloud.com](mailto:lolli51gus@icloud.com) for a link to join the meeting and Terry Korpela to be on the group email for meetings and prayer requests [terry.korpela@gmail.com](mailto:terry.korpela@gmail.com).

**Next meeting March 16th 7:00 pm**

## CALENDAR OF EVENTS

### Tuesday 3/16

- Electric City Bible Study, Zoom meeting 7:00 am
- Men's Breakfast, via Zoom 7:00 am.
- Hope Circle meets via Zoom 7:00 pm

### Wednesday 3/17

- Happy St. Patrick's Day!
- Bible Study with Pastor Trina Zoom meeting at 10:00 am
- HS Logos resumes in the Fellowship Hall 6:30 to 8:00 pm

### Thursday 3/18

- Holden Evening Prayer service live stream 7:00 pm with Patrick and Lynn Ryan.

### Friday 3/19

- Bethel office is closed.

### Saturday 3/20

- Close Knit meets 9:00 am in the Fellowship Hall.

## Upcoming Events

### Sunday 3/21

- Worship in-person and live stream 9:30 am

### Tuesday 3/23

- Electric City Bible Study, Zoom meeting 7:00 am
- Men's Breakfast, via Zoom 7:00 am.

### Wednesday 3/24

- Bible Study with Pastor Trina Zoom meeting at 10:00 am
- HS Logos in the Fellowship Hall 6:30 to 8:00 pm

### Thursday 3/25

- Holden Evening Prayer service live stream 7:00 pm with Colter McCarty and Morgan Dunn

### Friday 3/26

- Bethel office is closed.

## Interim Pastor Trina Johnsten

### Contact information:

Email: [bethegf.pastor@gmail.com](mailto:bethegf.pastor@gmail.com)

Bethel number non-emergencies:

406-761-1543 ext 202

Cell number for emergencies: (402) 984-4306